

READING STRATEGIES FOR ADD/ADHD STUDENTS



- Is the problem “distractibility”, or, “word identification”.
- Use interesting subjects (avoid uninteresting ones)
- Find formats that include headings, subheadings, bold lettering, pictures, diagrams, charts, etc. (avoid solid narrative).
- Have student read aloud & tape record (for better comprehension &/or sense of pace, tone, fluency).
- Use books-on-tape
- Use a “reading window”.
- Teach skim reading.
- Consider lighting, body position.
- Keep reading assignments short.
- Try colored paper (or tinted plastic overlays).
- Minimize distractions (some may need sound-dampening headphones).
- Look out for tracking problems.
- Help them develop “mental pictures” of what they are reading.