

# LEARNING STYLE INVENTORY



This is a picture of your learning style. It is based upon a learning styles model developed by Dunn & Dunn of St. John's University, New York. This model is the most comprehensive and accurate model in existence today! It's validity has been supported by research, nationally and internationally, over the past 10 years.

Here are YOUR learning preferences:

\* = Strongest Preferences

- |                                  |                          |          |                          |         |                          |         |
|----------------------------------|--------------------------|----------|--------------------------|---------|--------------------------|---------|
| 1. Noise Preference -            | <input type="checkbox"/> | Quiet    | <input type="checkbox"/> | Sound   | <input type="checkbox"/> | Neutral |
| 2. Light Preference -            | <input type="checkbox"/> | Dim      | <input type="checkbox"/> | Bright  | <input type="checkbox"/> | Neutral |
| 3. Temperature Preference -      | <input type="checkbox"/> | Cool     | <input type="checkbox"/> | Warm    | <input type="checkbox"/> | Neutral |
| 4. Room Design -                 | <input type="checkbox"/> | Informal | <input type="checkbox"/> | Formal  | <input type="checkbox"/> | Neutral |
| 5. Your Motivation Level -       | <input type="checkbox"/> | Low      | <input type="checkbox"/> | High    | <input type="checkbox"/> | Neutral |
| 6. Your Persistence Level -      | <input type="checkbox"/> | Low      | <input type="checkbox"/> | High    | <input type="checkbox"/> | Neutral |
| 7. Conformist? -                 | <input type="checkbox"/> | No       | <input type="checkbox"/> | Yes     | <input type="checkbox"/> | Neutral |
| 8. Need for Structure -          | <input type="checkbox"/> | No       | <input type="checkbox"/> | Yes     | <input type="checkbox"/> | Neutral |
| 9. Alone or with Peers? -        | <input type="checkbox"/> | Alone    | <input type="checkbox"/> | Peers   | <input type="checkbox"/> | Neutral |
| 10. Authority Figures Present? - | <input type="checkbox"/> | No       | <input type="checkbox"/> | Yes     | <input type="checkbox"/> | Neutral |
| 11. Like Variety? -              | <input type="checkbox"/> | No       | <input type="checkbox"/> | Yes     | <input type="checkbox"/> | Neutral |
| 12. Auditory Learner -           | <input type="checkbox"/> | No       | <input type="checkbox"/> | Yes     | <input type="checkbox"/> | Neutral |
| 13. Visual Learner -             | <input type="checkbox"/> | No       | <input type="checkbox"/> | Yes     | <input type="checkbox"/> | Neutral |
| 14. Hands-on Learner -           | <input type="checkbox"/> | No       | <input type="checkbox"/> | Yes     | <input type="checkbox"/> | Neutral |
| 15. Whole-Body Learner -         | <input type="checkbox"/> | No       | <input type="checkbox"/> | Yes     | <input type="checkbox"/> | Neutral |
| 16. Eat/Drink? -                 | <input type="checkbox"/> | No       | <input type="checkbox"/> | Yes     | <input type="checkbox"/> | Neutral |
| 17. Time of Day -                | <input type="checkbox"/> | Evening  | <input type="checkbox"/> | Morning | <input type="checkbox"/> | Neutral |
| 18. Late Morning -               | <input type="checkbox"/> | No       | <input type="checkbox"/> | Yes     | <input type="checkbox"/> | Neutral |
| 19. Afternoon -                  | <input type="checkbox"/> | No       | <input type="checkbox"/> | Yes     | <input type="checkbox"/> | Neutral |
| 20. Movement -                   | <input type="checkbox"/> | No       | <input type="checkbox"/> | Yes     | <input type="checkbox"/> | Neutral |
| 21. Parent/Spouse Motivated -    | <input type="checkbox"/> | No       | <input type="checkbox"/> | Yes     | <input type="checkbox"/> | Neutral |
| 22. Teacher Motivated -          | <input type="checkbox"/> | No       | <input type="checkbox"/> | Yes     | <input type="checkbox"/> | Neutral |

These are the ways in which YOU learn best - ways you can use to maximize your learning potential. Now consider setting-up your environment to accommodate this!